



PROGRESSIVE
DANCE STUDIO

2019 – 2020 Class Schedule

Call 201-894-1333 or Email: admin@progressivedancestudio.com

Classes for Age 3 & Under:

Tots in Tutus	Age 3	Tuesday	4:15-5:00 PM	Miss Dana
Tots in Tutus	Age 3	Saturday	9:15-10:00 AM	Miss Alison
Tots in Tutus	Age 3	Sunday	9:15-10:00 AM	Miss Kristi
Tots Hop	Age 3	Monday	3:15-4:00 PM	Miss Alison
Tots Hop	Age 3	Wednesday	3:15-4:00PM	Miss Shay

Classes for Age 4-5:

Mini Hip Hop/Acro	Age 4-5	Wednesday	4:00-5:00 PM	Miss Kristi
Mini Hip Hop	Age 4-5	Thursday	4:15-5:00 PM	Miss Lauryn
Creative Movement	Age 4-5	Monday	4:15-5:00 PM	Miss Gianna
Creative Movement	Age 4-5	Tuesday	5:15-6:00 PM	Miss Dana
Creative Movement	Age 4-5	Saturday	10:00-10:45 AM	Miss Alison
Creative Movement	Age 4-5	Sunday	10:00-10:45 AM	Miss Kristi

Classes for Age 6-7:

Pre-Ballet	Age 6-7	Tuesday	4:00-5:00 PM	Miss Christina
Pre-Ballet Level 2	Age 6-7	Thursday	4:00-5:00 PM	Miss Courtney
Pre-Ballet	Age 6-7	Monday	5:00-6:00 PM	Miss Jolene
Pre-Ballet	Age 6-7	Saturday	10:45-11:45 AM	Miss Jolene
Pre-Ballet	Age 6-7	Thursday	4:00-5:00 PM	Miss Jolene
Pre-Jazz/Tap	Age 6-7	Friday	4:00-5:00 PM	Miss Debbie
Pre-Hip Hop	Age 6-7	Monday	4:00-5:00 PM	Miss Alison
Pre-Hip Hop	Age 6-7	Tuesday	5:00-6:00 PM	Miss Gianna
Pre Hip- Hop	Age 6-7	Saturday	1:30-2:30PM	Miss Alison

Classes for Age 7-9:

Ballet 1	Age 7-9	Monday	4:00-5:00 PM	Miss Lauryn
Ballet 1 (Performance Team)	Age 7-9	Saturday	11:00-12:00 PM	Miss Alison
Jazz 1	Age 7-9	Thursday	5:00-6:00 PM	Miss Lauryn
Jazz 1	Age 7-9	Sunday	11:00-12:00 PM	Miss Kristi
Jazz 1 (Performance Team)	Age 7-9	Saturday	12:30-1:30 PM	Miss Alison
Hip Hop	Age 7-9	Wednesday	5:00-6:00 PM	Miss Shay
Hip Hop	Age 7-9	Sunday	11:30-12:30 PM	Miss Arleigh
Contemporary	Age 7-9	Wednesday	4:00-5:00 PM	Miss Shay
Tap 1	Age 7-9	Thursday	4:00-5:00 PM	Miss Debbie
Stretch (Performance team)	Age 7-9	Saturday	12:00-12:30 PM	Miss Alison

Classes for Age 8-11:

Ballet 1	Age 8-11	Saturday	11:45-12:45 PM	Miss Jolene
Ballet 2	Age 8-11	Monday	4:00-5:00 PM	Miss Jolene
Jazz 2	Age 8-11	Monday	5:00-6:00 PM	Miss Lauryn
Tap 3	Age 8-11	Thursday	5:00-6:00 PM	Miss Debbie
Tap 2/3	Age 8-11	Sunday	1:30-2:30 PM	Miss Arleigh
Tap 2	Age 8-11	Tuesday	5:00-6:00 PM	Miss Christina
Jumps Leaps and Turns	Age 8 +	Monday	6:00-7:00 PM	Miss Alison



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Classes for Age 9-12:

Pre-Teen Ballet Level 2	Age 9-12	Wednesday	6:00-7:00 PM	Miss Jolene
Pre-Teen Ballet Beginner	Age 9-12	Tuesday	6:00-7:00 PM	Miss Christina
Pre Teen Jazz	Age 9-12	Thursday	6:00-7:00PM	Miss Lauryn
Pre-Teen Jazz Level 2	Age9-12	Monday	6:00-7:00 PM	Miss Lauryn
Pre-Teen Contemporary	Age 9-12	Thursday	5:30-6:30 PM	Miss Erin
Pre-Teen Contemporary	Age 9-12	Wednesday	5:00-6:00 PM	Miss Alison
Pre-Teen Hip-Hop	Age 9-12	Sunday	12:30-1:30 PM	Miss Arliegh
Pre-Teen Hip Hop	Age 9-12	Monday	5:00-6:00 PM	Miss Alison
Pre-Teen Hip Hop	Age 9-12	Tuesday	6:00-7:00 PM	Miss Gianna
Pre-Teen Hip Hop	Age 9-12	Wednesday	7:00-8:00 PM	Miss Shay
Jump & Turns	Age 9-12	Monday	6:00-7:00 PM	Miss Alison

Classes for Age 13 & Over:

Teen Contemporary	Age 13+	Monday	6:00-7:00 PM	Miss Shay
Teen Intermediate Ballet	Age 13+	Tuesday	6:00-7:00 PM	Miss Dana
Teen Jazz	Age 13+	Tuesday	8:00-9:00 PM	Miss Christina
Teen Hip Hop	Age 13+	Tuesday	8:00-9:00 PM	Miss Gianna
Teen Hip Hop	Age 13+	Wednesday	8:00-9:00 PM	Miss Alison
Teen Hip Hop	Age 13+	Monday	7:00-8:00 PM	Miss Shay
Conditioning	Age 13+	Tuesday	5:00-6:00 PM	Miss Hillary

Acro:

Technique *ONLY* (no recital, no costume)

Tumble Tots	Age 1 ½- 3	Monday	10:30-11:15 AM	Miss LJ
Mini Tumble	Age 3-4	Monday	3:00-3:45 PM	Miss Lauryn
Beginner Acro	Age 5-7	Monday	4:00-5:00 PM	Miss LJ
Beginner Acro	Age 6-7	Sunday	12:00-1:00 PM	Miss Kristi
Mini Hip-Hop/Acro	Age 4-5	Wednesday	4:00-5:00 PM	Miss Kristi
Beginner Acro/Dance	Age 8-12	Wednesday	5:00-6:00 PM	Miss Kristi
Intermediate Acro	Age 10+	Monday	5:00-6:00 PM	Miss LJ
Open Level Acro	Age 10+	Wednesday	6:00-7:00 PM	Miss Kristi

Adults:

Technique *ONLY* (no recital, no costume)

Tap (Adv. Beginner)	Adult	Sunday	1:00-2:00PM	Miss Arleigh
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